The First Great Prokimenon of Great Lent
Cheese-fare, 2nd, and 4th Sunday Vespers

Tone Eight, Carpatho-Russian Chant

vs. May Thy salvation, O God, be quick to help me. (Psalm 68)
vs. Let beggars behold it and be glad.
vs. Seek after God, and your soul shall live.

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Thou hast given an inheritance to them that fear Thy name, O Lord.

vs. From the ends of the earth unto Thee have I cried. (Psalm 60)
vs. I shall be sheltered in the shelter of Thy wings.
vs. So will I chant unto Thy name unto the ages.