Bless the Lord, O my soul; blessed art Thou, O Lord.
Bless the Lord, O my soul and all that is within me bless His holy name.
Bless the Lord, O my soul, and forget not all that He hath done for thee.
Who is gracious unto all thine iniquities.

The First Antiphon of Liturgy, Psalm 102
Greek Chant
Who healeth all thine infirmities.

Who redeemeth thy life from corruption,

Who crowneth thee with mercy and compassion.

Who fulfill eth thy desire with good things thy youth shall be renewed like the eagle's.

The Lord performeth deeds of mercy, and executeth judgment for
all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, longsuffering and plenteous in mercy. Not until the end will He be angered, neither unto eternity with He be wroth.
Not according to our iniquities hath He dealt with us,

neither according to our sins hath He rewarded us.

For according to the height of heaven from the earth,

the Lord hath made His mercy to prevail over them that fear Him.

As far as the east is from the west,
so far hath the Lord removed our iniquities from us.

Like as a father hath compassion upon His sons,

so hath the Lord had compassion upon them that fear Him;

for He knoweth whereof we are made, He hath remembered that we are dust.

As for man, his days are as the grass;
as a flower of the field so shall He blossom forth.

for when the wind is passed over it, then it shall be gone,

and no longer will it know the place thereof.

But the mercy of the Lord is from eternity,
even unto eternity, upon them that
fear Him. And His righteousness is upon sons of sons,
upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne,
and His kingdom ruleth over all.
Bless the Lord, all ye His angels might - y in strength,
that perform His word, to hear the voice of His words.

Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Glory to the Father, and to the Son, and to the Holy Spirit.

Psalm 102, pg. 8
Now and ever, and unto ages of ages. Amen.

Bless the Lord, O my soul; and all that is within me, bless His holy Name; blessed art Thou, O Lord.